

Curriculum Vitae: Tim Spalding

Specialist Knee Surgeon, University Hospitals Coventry and Warwickshire NHS Trust
Honorary Associate Professor, Warwick Medical School, University of Warwick

Qualifications	MB. BS. (LOND) 1st August 1982 FRCS(Ed) 8th July 1988 FRCS Orth 26th April 1994
Date of Birth	24 th September 1959
Accredited Consultant	1st January 1996
Medical School	Charing Cross Hospital, University of London
GMC Number	2596958



Scope of Practise

Tim Spalding is a specialist knee surgeon at University Hospitals Coventry and Warwickshire NHS Trust and Honorary Associate Professor at the University of Warwick. He treats all aspects of knee problems from sports related injuries to arthritis with sub-specialist interest in ligament reconstruction, meniscal transplantation, articular cartilage repair surgery, and osteotomy. He remains very active in teaching and research lecturing nationally and internationally on novel treatments and techniques in knee surgery, including recent pioneering work on Meniscal Transplant.

Additional Appointments

- Deputy Lead for UK National Ligament Registry www.uknlr.com
- Chairman UK Meniscal Study group, sub section of BASK
- Lead and Secretary of Midlands Problem Knee Club
- Scientific Program Chair for International Cartilage Repair Society Congress (ICRS), Chicago May 2015
- Member at Large ACL Study Group
- Deputy Chairman Arthroscopy Committee, ESSKA
- Medical and Survival Advisory Committee for Royal National Lifeboat Institute UK

Recent Publications (since 2011)

- M.R. Carmont, T. Crane, P. Thompson, **T. Spalding**. Medial patellofemoral ligament reconstruction for subluxating patellofemoral arthroplasty. *The Knee*, 2011;18(2):130-132.
- Bird J, Carmont M.R, Dhillon M, Smith N, Brown C, Thompson P, **Spalding T**. Validation of a New Technique to Determine Midbundle Femoral Tunnel Position in Anterior Cruciate Ligament Reconstruction Using 3-Dimensional Computed Tomography Analysis. *Arthroscopy* 2011;27(9):1259-67.
- Spencer SJ, Saithna A, Carmont MR, Dhillon MS, Thompson P, **Spalding T**. Meniscal scaffolds: Early experience and review of the literature. *Knee*. 2012 Mar 3.
- Carmont MR, Scheffler S, **Spalding T**, Brown J, Sutton PM. Anatomical single bundle anterior cruciate ligament reconstruction. *Curr Rev Musculoskelet Med*. 2011;4(2):65-72.
- Saithna A, Kundra R, Modi CS, Getgood A, **Spalding T**. Distal femoral varus osteotomy for lateral compartment osteoarthritis in the valgus knee. A systematic review of the literature. *Open Orthop J*. 2012;6:313-9.
- Getgood A, **Spalding T**. The Evolution of Anatomic Anterior Cruciate Ligament Reconstruction The *Open Orthopaedics Journal*, 2012, 6, (Suppl 2: M5) 287-294 287

- Brown C, **Spalding T**, Robb, C. International Orthopaedics: Medial portal technique for single-bundle anatomical Anterior Cruciate Ligament (ACL) reconstruction. *Orthopaedics: Volume 37, Issue 2* (2013), Page 253-269
- A. Saithna, R. Kundra, A. Getgood, **T. Spalding**. Opening Wedge Distal Femoral Varus Osteotomy for Lateral Compartment Osteoarthritis in the Valgus Knee Original Research Article. *The Knee*. 2014 Jan;21(1):172-5.
- Robb C, Kempshall P, Getgood A, Standell H, Sprowson A, Thompson P, **Spalding T**. Meniscal integrity predicts laxity of anterior cruciate ligament reconstruction. *Knee Surg Sports Traumatol Arthrosc*. 2014 Sep 13. [Epub ahead of print]
- S O'Leary, **Spalding T**, Haddad F, Price A, Bollen S. The UK National Ligament Registry. Editorial *The Knee* 20 (December 2013) 365-366.
- H. Bouyarmane, P. Beaufils, N. Pujol, J. Bellemans, S. Roberts, **T. Spalding**, S. Zaffagnini, M. Marcacci, P. Verdonk, M. Womack, R. Verdonk. Polyurethane scaffold in lateral meniscus segmental defects: Clinical outcomes at 24 months. *Orthop Traumatol Surg Res*. 2014 Feb;100(1):153-7.
- Thompson SM, **Spalding T**, Church S. A novel and cheap method of outside-in meniscal repair for anterior horn tears. *Arthrosc Tech*. 2014 Mar 14;3(2):e233-5. eCollection 2014 Apr. Free PMC Article
- **Spalding T**, Robinson J, Getgood A. Concerns over interpretation of data in "anterior cruciate ligament femoral footprint anatomy: systematic review of the 21st century literature". *Arthroscopy*. 2014 May;30(5):538-9.
- Nicola D. Mackay, Nicholas A. Smith, Nick Parsons, **Tim Spalding**, Peter Thompson and Andrew P. Sprowson. Medial Patellofemoral Ligament Reconstruction for Patellar Dislocation: A Systematic Review. *Orthopaedic Journal of Sports Medicine* 2014 2:
- Norman DG, Getgood A, Thornby J, Bird J, Turley GA, **Spalding T**, Williams MA. Quantitative topographic anatomy of the femoral ACL footprint: a micro-CT analysis. *Med Biol Eng Comput*. 2014 Nov;52(11):985-95.
- Smith N. MacKay N, Costa M, Spalding T. Meniscal allograft transplantation in a symptomatic meniscal deficient knee: a systematic review. *Knee Surg Sports Traumatol Arthrosc*. 2015 Jan;23(1):270-9.
- P. J. Kempshall, B. Parkinson, M. Thomas, C. Robb, H. Standell, A. Getgood, T. Spalding. Outcome of meniscal allograft transplantation related to articular cartilage status: advanced chondral damage should not be a contraindication. *Knee Surg Sports Traumatol Arthrosc*. 2015 Jan;23(1):280-9

Recent Chapters

- Spalding T and Peterson L. Articular cartilage repair in the athlete. In *Oxford Textbook of Orthopaedics* 2011
- Spalding T. History and Examination of the knee In *Oxford Textbook of Orthopaedics* 2011
- Spalding T, Robb C, Brown C. Femoral Bone Tunnel Placement in Anterior Cruciate Ligament reconstruction - A practical Surgical Guide. Siebold, Dejour, Zaffagnini Eds. Springer 2014

Recent Conference Organized

Sports Knee Surgery. St Georges Park, Burton, Nov 4-5 2013. 6th Bi-Annual international conference with over 150 Knee specialist Surgeons.

Recent invited lectures and conferences attended available on request

Society Memberships

- Royal College of Surgeons of Edinburgh.
- British Orthopaedic Association (BOA).
- British Orthopaedic Sports and Trauma Association (BOSTA).
- British Association for Surgery of the Knee (BASK).
- International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS)
- European Society of Sports Traumatology, Knee Surgery and Arthroscopy (ESSKA)
- International Cartilage Repair Society (ICRS).
- Girdlestone Orthopaedic Society.